

**Welcome** Your benefits are an important part of your overall compensation. We are pleased to offer a comprehensive array of valuable benefits to protect your health, family and way of life. This guide answers some of the basic questions you may have about your benefits. Please read it carefully, along with any supplemental materials you receive.

## **Eligibility**

You are eligible for benefits if you work 30 or more hours per week. You may also enroll your eligible family members under certain plans you choose for yourself. Eligible family members include:

- Your legally married spouse
- Your children who are your biological children, stepchildren, adopted children or children for whom you have legal custody (age restrictions may apply). Disabled children age 26 or older who meet certain criteria may continue on your health coverage.

## **When Coverage Begins**

- New Hires: You must complete the enrollment process within 30 days of your date of hire. If you enroll on time, coverage is effective on the first of the month following your date of hire
- If you fail to enroll on time, you will NOT have benefits coverage (except for company-paid) benefits.
- Open Enrollment: Changes made during Open Enrollment are effective October 1, 2025.

## **Choose Carefully!**

Due to IRS regulations, you cannot change your elections until the next annual Open Enrollment period, unless you have a qualifying life event during the year. Following are examples of the most common qualifying life events:

- Marriage or divorce
- Birth or adoption of a child
- Child reaching the maximum age limit
- Death of a spouse or child
- You lose coverage under your spouse's plan
- You gain access to state coverage under Medicaid or The Children's Health Insurance Program

## **Making Changes**

To change your benefit elections, you must contact Brad Canfield within 31 days of the qualifying life event. Be prepared to show documentation of the event, such as a marriage license, birth certificate or a divorce decree. If changes are not submitted on time, you must wait until the next Open Enrollment period to make your election changes.

Required Information—You will be required to enter a Social Security number (SSN) for all covered dependents when you enroll. The Affordable Care Act (ACA) requires the company to report this information to the IRS each year to show that you and your dependents have coverage. This information will be securely submitted to the IRS and will remain confidential.

## Medical



We're proud to offer you a choice of medical plans. The following is a high-level overview of the coverage available.

Key Medical Benefits	BCBS Option A	BCBS Option B	BCBS Option C	BCBS Option D
Rey Medical Bellents	In-Network Only	In-Network	In-Network	In-Network
Deductible (per plan year)				
Individual / Family	\$1,500/\$3,000	\$2,500/\$5,000	\$3,500/\$7,000	\$5,000/\$10,000
Coinsurance (% paid by member)		40%		
Coinsurance Maximum	\$2,000 / \$4,000			See Out-of-Pocket Maximum
Out-of-Pocket Maximum (per plan year)				
Individual / Family		\$6,350 / \$12,700		\$6,350 / \$12,700
Covered Services				
Office Visits (physician/specialist)	1st 5 visits: \$30 copay PCP / \$60 Specialist All other visits subject to Deductible & Coinsurance .			Subject to Deductible
Virtual Visits	No charge			Subject to Deductible
Routine Preventive Care	No charge			No charge
Outpatient Diagnostic (lab/X-ray)	Subject to Deductible & Coinsurance			Subject to Deductible
Complex Imaging	Subject to Deductible & Coinsurance			Subject to Deductible
Emergency Room	\$250 copay plus Deductible & Coinsurance			Subject to Deductible
Urgent Care Facility	Subject to Office Visit Copay			Subject to Deductible
Inpatient Hospital Stay	Subject to Deductible & Coinsurance			Subject to Deductible
Outpatient Surgery	Subject to Deductible & Coinsurance			Subject to Deductible
Prescription Drugs				
Retail Pharmacy (30-day supply)				
Prescription Deductible	\$100/\$200		Subject to Medical Deductible then:	
Tier 1	\$15 copay; Rx deductible waived			\$15 copay
Tier 2	Greater of 40% or \$30 after Rx deductible Greater of 60% or \$50 after Rx deductible			\$50 copay
Tier 3				\$75 copay
Tier 4	N/A			\$150 copay
Tier 5	N/A			20% to \$250 max
Mail Order (90-day supply)	2.5 x Retail			2.5 x Retail

Coinsurance percentages and copay amounts shown in the above chart represent what the member is responsible for paying.

If you use an out-of-network provider, you will be responsible for any charges above the maximum allowed amount.

# **Health Savings Account**

### What is a Health Savings Account?

A Health Savings Account (HSA) is a tax-advantaged savings account that offers a way for members to pay for current health expenses and to save for future qualified health expenses. You must be covered by a high-deductible health plan (HDHP) to take advantage of an HSA. Option D of your BCBS health insurance is a qualified HDHP and would allow you to set up an HSA account if you enroll in this option.

#### **Tax Benefits**

After-tax contributions to an HSA, up to the yearly limits put in place by the IRS, are fully deductible. Earnings and distributions for qualified medical expenses are tax free. Consult with your tax or legal professional for guidance.

## How much can I contribute to my HSA?

The maximum allowed for 2025 is \$4,300 for single coverage and \$8,550 for family coverage. The maximum allowed for 2026 is \$4,400 for single coverage and \$8,750 for family coverage. Account holders who will be age 55 or older (and not on Medicare) by the end of the year can contribute an additional \$1,000 "catch-up" contribution to their HSA.

#### Where can I enroll in a HSA?

Contact your personal financial institution about setting up a Health Savings Account.

# **Telehealth**



**Dental** 



Connect anytime, anywhere with Blue Cross Blue Shield Telemedicine. Healthcare professionals available for live visits on your computer or mobile device at a time that works for you.

When do you use telemedicine? You can use it for common conditions like:

- · Cold/Flu
- · Fever
- · Rash
- · Sinus infection
- · Pink eye
- · Ear infection
- · Mental help

Download the 'Amwell' app to any mobile device, sign-up at bcbsks.com/telemed or call 1-844-SEE-DOCS.





When you or a household member need trusted, professional help, *empac* is just a phone call away. For more than 40 years, *empac* has been helping employees thrive in their personal and professional lives by providing caring and compassionate support.

## Free, confidential, empac services include:

6 phone, video, or in-person sessions per household per year for personal and professional needs such as:

- · Stress, depression, anxiety
- · Family and parenting concerns
- · Marital and relationship challenges
- · Workplace conflicts
- · Alcohol or drug dependency
- · Grief and loss

### WorkLife Services

- Financial consultation and resources for debt management and consolidation, identity theft, budgeting, and credit report information
- Legal consultation with an attorney for issues relating to family law, estate planning, traffic citations, landlord conflicts, and many others. Discounted legal fees.
- · Dependent care resources and referrals.
- · Elder care resources and referrals .
- $\cdot$  Self-help resources on a variety of topics via a  $\,$  member only website.
- $\cdot$  Monthly newsletters for employees and supervisors.

Get started. Make your free appointment. 316.265.9922 | 800.234.0630 | txt 316.710.7374 empac-eap.com



**USD 263 Mulvane is proud to offer you dental coverage through Blue Cross Blue Shield of Kansas.** The following is a high-level overview of the coverage available.

Individual / Family \$25 / \$75  Benefit Maximum (per plan year; Preventive, Basic, and Major Services combined)  Per Individual \$1,500  Covered Services    No Cost (Deductible does not apply)	Key Dental Benefits	All Participants	
Benefit Maximum (per plan year; Preventive, Basic, and Major Services combined)  Per Individual \$1,500  Covered Services  No Cost (Deductible does not apply)  Oral examinations Dental imaging Prophylaxis Space maintainers Sealants (subject to limitations)  20% (after Plan Year Deductible has been met) Inlays Simple extractions Repair of dentures Fillings Emergency treatment for pain Endodontics General anesthesia Periodontics (non-surgical) Non-surgical care or acute oral infection and oral lesions Oral surgery  Major Services  Major Services  Major Services  Privation and oral lesions Oral surgery Surgery of bony structure supporting teeth Bridges Onlays Crowns Dentures, full or partial Dental implant services (\$1,000 lifetime max per insured, per arch)	<b>Deductible</b> (per plan year)		
Preventive Services    No Cost (Deductible does not apply)	Benefit Maximum (per plan ye		
Preventive Services  Preventive Services  Preventive Services  Prophylaxis - Fluoride (under age of 21) - Prophylaxis - Space maintainers - Sealants (subject to limitations)  20% (after Plan Year Deductible has been met) - Inlays - Simple extractions - Repair of dentures - Fillings - Emergency treatment for pain - Endodontics - General anesthesia - Periodontics (non-surgical) - Non-surgical care or acute oral infection and oral lesions - Oral surgery  50% (after Plan Year Deductible has been met) - Periodontal surgery - Surgery of bony structure supporting teeth - Bridges - Onlays - Crowns - Dentures, full or partial - Dental implant services (\$1,000 lifetime max per insured, per arch)	Per Individual	\$1,500	
Preventive Services  Preventive Services  Prophylaxis Prophylaxis Space maintainers Sealants (subject to limitations)  20% (after Plan Year Deductible has been met) Inlays Simple extractions Repair of dentures Fillings Emergency treatment for pain Endodontics General anesthesia Periodontics (non-surgical) Non-surgical care or acute oral infection and oral lesions Oral surgery  50% (after Plan Year Deductible has been met) Periodontics surgery Surgery of bony structure supporting teeth Bridges Onlays Crowns Dentures, full or partial Dental implant services (\$1,000 lifetime max per insured, per arch)	Covered Services		
been met) Inlays Inlays Simple extractions Repair of dentures Fillings Emergency treatment for pain Endodontics General anesthesia Periodontics (non-surgical) Non-surgical care or acute oral infection and oral lesions Oral surgery  50% (after Plan Year Deductible has been met) Periodontal surgery Surgery of bony structure supporting teeth Bridges Onlays Crowns Dentures, full or partial Dental implant services (\$1,000 lifetime max per insured, per arch)	Preventive Services	<ul> <li>apply)</li> <li>Oral examinations</li> <li>Dental imaging</li> <li>Fluoride (under age of 21)</li> <li>Prophylaxis</li> <li>Space maintainers</li> </ul>	
been met)  Periodontal surgery  Surgery of bony structure supporting teeth  Bridges Onlays  Crowns Dentures, full or partial Dental implant services (\$1,000 lifetime max per insured, per arch)	Primary Services	20% (after Plan Year Deductible has been met) Inlays Inlays Repair of dentures Fillings Emergency treatment for pain Endodontics General anesthesia Periodontics (non-surgical) Non-surgical care or acute oral infection and oral lesions	
Orthodontia Not covered	Major Services	50% (after Plan Year Deductible has been met)  Periodontal surgery Surgery of bony structure supporting teeth Bridges Onlays Crowns Dentures, full or partial Dental implant services (\$1,000 lifetime max per insured, per	
	Orthodontia	Not covered	



## **Cost of Benefits**

Below are the monthly deductions for Medical and Dental benefits. The premiums listed above reflect your monthly contribution after the district contribution:\$450 Employee Only; \$525 Employee/Spouse, Employee/Child(ren) and Family.

	Medical				Dental
	Option A	Option B	Option C	Option D	Dental
Employee Only	\$23.81	\$5.77	\$0	\$0	\$38.09
Employee + Spouse	\$483.64	\$444.85	\$416.94	\$390.37	\$81.90
Employee + Child(ren)	\$426.11	\$389.56	\$363.24	\$338.21	\$75.14
Family	\$960.94	\$903.63	\$862.39	\$823.14	\$118.50

# **Contact Information**

Coverage	Carrier	Phone #	Website/Email	
Medical, Prescription and Dental	Blue Cross Blue Shield of Kansas	800.432.3990	www.bcbsks.com	



If you have additional questions you may also contact:

## **Brad Canfield, Director Human Resources** and Operations

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